

Decision-Making

2-5 minutes | Grades K-8

Coach cue	Good decisions start with looking at what's happening and choosing a safe option that helps the team.
Game scenario	Two defenders close in. One teammate is open nearby and another is covered across the field.
Try it	Freeze the play and have players point out two options. Restart so they can try a choice and see what changes.
Huddle question	What did you see that made one option more useful?

Player check-in

Read each question aloud. Have players vote A, B, or C.

1. **Two defenders close in and a teammate is open nearby. What option should you consider?**
   - **A.** Throw across the field to the covered teammate
   - **B.** Make the available pass to the open teammate
   - **C.** Decide without looking at either teammate

2. **What helps you make a better choice before the play?**
   - **A.** Look around for space and teammates
   - **B.** Watch only the ball the whole time
   - **C.** Pick the same move before seeing the defense

3. **The path to the basket is crowded. What helps you decide?**
   - **A.** Drive into traffic without looking
   - **B.** Pick the hardest option every time
   - **C.** Look for space or an open teammate

4. **Your first plan stops working. What can you do?**
   - **A.** Repeat the plan without checking
   - **B.** Look again and choose another option
   - **C.** Wait for someone to fix it for you

Ask the team	Describe two choices a player could see in a game and what would guide the decision.
At home	When could pausing to name two choices help with a decision at school?

Coach answer key **1. B** **2. A** **3. C** **4. B**

One takeaway for our next practice _____